

**Senior Health and Wellness Meeting
Meeting Notes
October 4, 2011**

Participants: Myrna Copperstein, Alicia Bazan-Jimenez, Joe Petrizzo, Shawn Brennan, Rita Nzuwah (MSW student), Tammy Duell, Beth Shapiro, Judith Levy, Reuben Rosenfeld (Guest), Pazit Aviv (Guest), Mona Negm

Topic	Discussion Points	Decisions/follow-up
Update on Montgomery County Coalition on Care at the End-of-Life (MCCCAEOL) Activities	<p>Discussion lead by Shawn Brennan regarding roll out activities of MOLST. The DHMH has decided not to issue emergency regulations so that MOLST will not become effective on October 1. Proposed regulations were issued on September 23 for 30 days of public comment in the Maryland Register. New implementation date will be April 1.</p> <p>The next training session is scheduled for October 27th and will be lead by Shawn.</p> <p>MCCCAEOL meetings are held the 2nd Tuesday of the month at the Holiday Park Senior Center. Meetings are open to anyone interested in attending.</p>	Shawn will continue to provide updates to the committee.
Advance Directory Registry	<p>Letter writing campaign initiated urging Governor O'Malley to fund the Advanced Directory Registry, which he signed into law in 2006. Shawn sent e-mail to COA members with ideas for effective letter writing campaign.</p> <p>Group discussed possible alternative to registry with the advent of CRISP which is an effort by providers particularly hospitals to share electronic medical regulates which would include advanced directives.</p>	<p>Shawn will continue to provide updates to the committee.</p> <p>Committee members are interested in learning more about CRISP. Joe will contact CRISP.</p>

Falls Prevention Pilot	Proposal being developed by PCC will be a study of linkages between health care and social support system for dually eligible seniors who have been discharged from the hospital. Collaboration developed between PCC, Holy Cross and HOC. Pazit Aviv explained the importance of on site counselors at HOC housing. Pilot will review clients 90 days after discharge. Holy Cross has program where clients are contacted 30 days after discharge. Funding opportunities are being investigated including approaching the Weinberg Foundation. Falls may be a component of the study, but will not be the primary focus.	
Update on Commission on Health	Annual Report for 2011 issues; Sam Korper was unable to attend meeting; discussion held until next meeting.	
Mental Health Summer Study	<p>Tammy Duell led the discussion beginning with report from Commission on Aging meeting where the final summer study recommendations were presented and endorsed.</p> <p>The sub-committee discussed the many challenges in implementing and promoting some of the recommendations. Some of the challenges include:</p> <ul style="list-style-type: none"> • Medicare reimbursement. • Support of parity law for third party payers to recognize that reimbursement for mental and physical treatment should be equal. • Lack of providers, inpatient and ambulatory services. • Need to treat Mental Health Emergencies differently; limited inpatient facilities for seniors currently available: <ol style="list-style-type: none"> 1. Potomac Valley 2. Potomac Ridge 3. Sheppard Pratt 	Next meeting will have presentation by Officer Scott Davis from Montgomery County PD.

	<ul style="list-style-type: none"> • Depression Screening at Senior sites using volunteers and a self-assessment tool but information may not be conveyed to primary care physicians. • Committee needs to understand role of Office of Health Care Quality and mental health services. <p>Initial Activities as a result of Sumer Study:</p> <ul style="list-style-type: none"> • Raised awareness about the need for specialized mental health services for seniors. • NAMI, JSSA and Holy Cross partnering to promote National Depression Screening Day and provide information and self assessments at County senior centers and libraries on October 6th aware of need to focus on seniors with mental health issues. • Pilot program for AOT being developed. • Focus on small group homes and need for ongoing education regarding mental health and illness. • Miriam Chase to champion a Mental Health First Aid course for County employees. • Joe Petrizzo will continue to attend the County's Mental Health Collaborative Meeting. 	<p>Tammy will bring copies of SAMHSA's "Promoting Mental Health and Preventing Suicide: A Toolkit for Senior Living Communities" to the next committee meeting for review.</p>
Next Meeting	November 1, 2011 from 9:00 a.m. – 10:30 a.m.	401 Hungerford Drive 6 th Floor Conference Room Rockville, Maryland